



# Staff Relief Inc.

## Nurse Asst. Skills Checklist

Applicant Full Legal Name (please print): \_\_\_\_\_

The following checklist is a profile used to assess your clinical efficiency and assist in matching your skills with available assignments. Your employment is not dependent upon responses given in this checklist. Please rate your ability as accurately as possible by circling the appropriate number.

The information given below is true and accurate to the best of my knowledge.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Use Adobe Reader XI (Desktop or Tablet to Sign this Line. Directions on [www.StaffReliefInc.com](http://www.StaffReliefInc.com)

### Mark you Level of Experience

- (1) No Experience: Theory Observed Only
- (2) Intermittent Experience: <6 Times a Year; May Need Review
- (3) Moderate Experience: >Twice a Month
- (4) Competent: Performs on Daily or Weekly Basis; Proficient

### Assessment/Patient Care

#### Measure Vital Signs

B/P..... 1 2 3 4  
 Temperature ..... 1 2 3 4  
     Oral ..... 1 2 3 4  
     Auxillary ..... 1 2 3 4  
 Pulse..... 1 2 3 4  
     Radical ..... 1 2 3 4  
     Apical..... 1 2 3 4  
 Respirations..... 1 2 3 4  
 Height..... 1 2 3 4  
 Weight..... 1 2 3 4

#### Body Mechanics/Transferring Patient

Posture..... 1 2 3 4  
 Body Alignment..... 1 2 3 4  
 Turning and Positioning..... 1 2 3 4  
 Bed and Strecher ..... 1 2 3 4  
 Bed to Wheelchair (chair)..... 1 2 3 4  
 Mechanical Lift..... 1 2 3 4  
 Ambulation of Patients ..... 1 2 3 4  
 Transporting Patients ..... 1 2 3 4

#### Grooming

Mouth Care ..... 1 2 3 4  
 Bed Bath..... 1 2 3 4  
 Perineal Care..... 1 2 3 4  
     Male ..... 1 2 3 4  
     Female..... 1 2 3 4  
 Catheter Care ..... 1 2 3 4  
 Hair Care..... 1 2 3 4  
 Back Rub..... 1 2 3 4

#### Skin Care

Shaving ..... 1 2 3 4



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### Range of Motion Excursive

Active ROM..... 1 2 3 4  
 Passive ROM ..... 1 2 3 4

### Elimination

Assistance to Bathroom ..... 1 2 3 4  
 Assistance with Bed Pan..... 1 2 3 4  
 Assistance to Commode..... 1 2 3 4  
 Assist with Enemas ..... 1 2 3 4

### Feeding

Assistance with Meals..... 1 2 3 4  
 Calculate Intake ..... 1 2 3 4  
 Calculate Outtake..... 1 2 3 4  
 Passing Ice/Water..... 1 2 3 4

### Work Environment

Patient Room Clean ..... 1 2 3 4  
 Supplies in Room..... 1 2 3 4  
 Trash Emptied..... 1 2 3 4  
 Hallways Clear..... 1 2 3 4  
 Linen in Appropriate Place ..... 1 2 3 4

### Patients Rights

Confidentiality ..... 1 2 3 4  
 Complies with Dress Code..... 1 2 3 4  
 Meets Time and  
 Attendance Standards..... 1 2 3 4

### Infection Control/Universal Precautions

Isolation..... 1 2 3 4