



# Recommendations from JCAHO: Patient with Suicidal ideations

**Suicide is the 10th leading cause of death in the United States.**

Patients with serious suicidal ideation who are admitted to medical/surgical inpatient setting often require equipment to monitor and treat their medical conditions, so it is impossible to make their environment truly ligature-resistant.

Recommendations from JCAHO:

Training staff and testing them for competency on how they would address the situation of a patient with serious suicidal ideation.

1:1 monitoring of patients with serious suicidal ideation

Conducting risk assessment for objects that pose a risk for self-harm and identifying those objects that should be routinely removed from the immediate vicinity of patients that could cause self harm.

Monitoring visitors

Monitoring bathroom use with patients with suicidal ideations

Implementing protocols to have qualified staff accompany patients with serious suicidal ideation from one area of the hospital to another.

**Recommendation for the Emergency Department:**

ER do not need to meet the same standards as an inpatient psychiatric unit to be ligature-resistant environment.

There are two main strate-

gies to keep patients with serious suicidal ideation safe in the ER by placing the patient in a safe room that is ligature resistant or that can be made ligature resistant by have in a system that allows fixed equipment that could serve as a ligature point to be excluded from the patient care area. Keep the patient in the main area of the ER, initiate continuous 1:1 monitoring, and remove all object that pose a risk for self harm that can be easily removed without adversely affecting the ability to deliver medical care. Ensure that visitors do not bring anything in that could be harmful to the patient or cause self harm. If a patient commits suicide within 72 hours of discharge of a facility this is called a reviewable sentinel event.

## Congratulations!

Jonathan DeMouy recently got married and that means he is off the market! Congratulations to the happy couple and best wishes .

Charedee Wootson-Burks was recently married. Congratulations to the happy couple and best wishes.

Valerie Edwards recently gave birth to a beautiful baby boy and the weight is 6lbs & 5 oz. Welcome to the world-Charles Jameson .

Mary Edith Routon is back with us again. She will be the payroll guru.

Lets hope she stays this time LOL.

We are all taking bets on how long she will stay. Any Takers? :)