



# Staff Relief Inc.

## Psychiatric Nurse Skills Checklist

Applicant Full Legal Name (please print): \_\_\_\_\_

The following checklist is a profile used to assess your clinical efficiency and assist in matching your skills with available assignments. Your employment is not dependent upon responses given in this checklist. Please rate your ability as accurately as possible by circling the appropriate number.

The information given below is true and accurate to the best of my knowledge.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Use Adobe Reader XI (Desktop or Tablet to Sign this Line. Directions on www.StaffReliefInc.com

### Mark your Level of Experience

- (1) No Experience: Theory Observed Only
- (2) Intermittent Experience: <5 Times a Year; May Need Review
- (3) Moderate Experience: >5 Times a Year; May Need Minimal Resources
- (4) Competent: Performs on Daily or Weekly Basis; Proficient

### Assessment/Patient Care

#### General

- 5150s/Involuntary
- Psychiatric Hold ..... 1 2 3 4
- Behavioristic Charting ..... 1 2 3 4
- Denial of Rights ..... 1 2 3 4
- Experience as a Group
- Leader/Co Leader ..... 1 2 3 4
- Lead a Talk Group ..... 1 2 3 4
- Long Term Goals ..... 1 2 3 4
- Multiple-Disciplinary Staffing..... 1 2 3 4
- Nursing Reassessment & Care
- Planning Update..... 1 2 3 4
- Patient Teaching ..... 1 2 3 4
- Restraint Use & Procedures ..... 1 2 3 4
- Short Term Goals..... 1 2 3 4
- Various Treatment Modalities ..... 1 2 3 4
- Admission of Psychiatric Patient..... 1 2 3 4
- Discharge Planning ..... 1 2 3 4

- Mental Status Exam.....1 2 3 4
- Neurological Assessment .....1 2 3 4
- Patient in the Seclusion Room.....1 2 3 4

#### Documentation

- Computerized .....1 2 3 4



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### Therapies

Crisis Intervention Concepts.....	1	2	3	4
Individual Psychotherapies .....	1	2	3	4
Milieu Therapy .....	1	2	3	4
Activity and Recreation Therapy .....	1	2	3	4
Assaultive Behavior Management ...	1	2	3	4
Behavior Management Techniques .	1	2	3	4
Crisis Intervention.....	1	2	3	4
De-Escalation Techniques .....	1	2	3	4
Effectiveness Assessment .....	1	2	3	4
Electroconvulsive Therapy .....	1	2	3	4
Family Therapy.....	1	2	3	4
Group Therapy .....	1	2	3	4
Individual Therapy.....	1	2	3	4
Seclusion & Observation .....	1	2	3	4
Social and Vocational Training .....	1	2	3	4
Therapeutic Communication.....	1	2	3	4

### Psychiatric Patient Experience

Affect Manifestations .....	1	2	3	4
Aggressive, Acting Out.....	1	2	3	4
Alcoholism.....	1	2	3	4
Anxiety Disorder.....	1	2	3	4
Assaultive Patient .....	1	2	3	4
Attention Seeking Behaviors .....	1	2	3	4
Bipolar, Manic/Depressive Patient ..	1	2	3	4
Brain Injury .....	1	2	3	4
Confused/Disoriented Patient .....	1	2	3	4
Delusional Patient .....	1	2	3	4
Delusions of Grandeur .....	1	2	3	4
Dementia.....	1	2	3	4
Depression .....	1	2	3	4

Detoxification .....	1	2	3	4
Developmental Delays .....	1	2	3	4
Drug Dependent Patient .....	1	2	3	4
Drug Seeking Behavior .....	1	2	3	4
Dying Patient.....	1	2	3	4
Dysfunctional Families.....	1	2	3	4
Eating Disorders .....	1	2	3	4
Extra Pyramidal Symptoms (EPS) ...	1	2	3	4
Flight of Ideas.....	1	2	3	4
Grandiose Ideation .....	1	2	3	4
Grieving Patient.....	1	2	3	4
Hallucinations.....	1	2	3	4
Manipulative Behavior .....	1	2	3	4
Mentally Retarded Patient.....	1	2	3	4
Neurosis.....	1	2	3	4
Panic/Anxiety Patients .....	1	2	3	4
Paranoia, Paranoid Behavior .....	1	2	3	4
Psychosis .....	1	2	3	4
Schizophrenia .....	1	2	3	4
Seizure Disorders .....	1	2	3	4
Suicidal Patient/Precautions .....	1	2	3	4
Thought Blocking .....	1	2	3	4
Withdrawal Syndrome.....	1	2	3	4



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### Cardiovascular

Heart Sounds.....	1	2	3	4
Capillary Refill .....	1	2	3	4
Color .....	1	2	3	4
Auscultation (Rate, Rhythm) .....	1	2	3	4
MI.....	1	2	3	4
CHF.....	1	2	3	4
Hypertension.....	1	2	3	4
Pacemaker – Permanent.....	1	2	3	4
Cardiac Enzymes and Isoenzymes... 1	2	3	4	
Coagulation Studies .....	1	2	3	4
BNP.....	1	2	3	4
Troponin.....	1	2	3	4

### Pulmonary

Assess Lung Sounds .....	1	2	3	4
Oxygenation Status .....	1	2	3	4
Rate and Work of Breathing .....	1	2	3	4
Acute Pneumonia.....	1	2	3	4
COPD.....	1	2	3	4

### Neurology

Level of Consciousness .....	1	2	3	4
Neuro Assessment.....	1	2	3	4
Visual/Communication Deficits .....	1	2	3	4
CVA.....	1	2	3	4
Multiple Sclerosis .....	1	2	3	4
Seizures.....	1	2	3	4

### Gastrointestinal

Bowel Sounds.....	1	2	3	4
Nutritional Status.....	1	2	3	4
GI Assessment.....	1	2	3	4
Bowel Obstruction.....	1	2	3	4
GI Bleed .....	1	2	3	4
Esophageal Bleeding .....	1	2	3	4
Ileostomy .....	1	2	3	4
Colostomy .....	1	2	3	4
Pancreatitis .....	1	2	3	4
Liver Failure.....	1	2	3	4
Serum Albumin .....	1	2	3	4
LFTs .....	1	2	3	4
Serum Amylase .....	1	2	3	4

### Renal/Genitourinary

Skin Turgor.....	1	2	3	4
Fluid Status.....	1	2	3	4
Acute/Chronic Renal Failure.....	1	2	3	4
Hemodialysis.....	1	2	3	4
Peritoneal Dialysis.....	1	2	3	4
I & O Measurement.....	1	2	3	4
Fluid Balance.....	1	2	3	4



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### Endocrine/Metabolic

Diabetics .....	1	2	3	4
Adrenal Gland Disorders .....	1	2	3	4
Drug Overdose .....	1	2	3	4
Insulin Shock .....	1	2	3	4
Pituitary Gland Disorders .....	1	2	3	4
Thyroid Gland Disorders .....	1	2	3	4
Glucose .....	1	2	3	4
Thyroid Studies .....	1	2	3	4

### Immunology/Hematology/Oncology

Blood Transfusions .....	1	2	3	4
Cancer .....	1	2	3	4
Treatment/Side Effects of Chemo/Radiation .....	1	2	3	4
Sepsis .....	1	2	3	4
Anaphylactic Shock .....	1	2	3	4
Dermatology .....	1	2	3	4

### Musculoskeletal

Pulses/Circulation Checks .....	1	2	3	4
Fractures .....	1	2	3	4
Amputation .....	1	2	3	4
Paraplegic .....	1	2	3	4
Traction .....	1	2	3	4

### Wounds/Integument

S/S Infection .....	1	2	3	4
Skin Assessment .....	1	2	3	4
Wounds .....	1	2	3	4
Decubitus Ulcer .....	1	2	3	4
Stasis Ulcers .....	1	2	3	4

### Medications/Therapeutic Intervention Medications Administration

Administer IM and SQ Meds .....	1	2	3	4
Administer Inhalation Medications ..	1	2	3	4
Administer PO Medications .....	1	2	3	4
Bladder Irrigation and Instillation ...	1	2	3	4
Needleless Systems .....	1	2	3	4

### IV Therapy

Adverse Reactions .....	1	2	3	4
Assess/Maintain IV .....	1	2	3	4
Heparin Locks .....	1	2	3	4
Insertion Peripheral IV .....	1	2	3	4
PCA Pumps .....	1	2	3	4
Vascular Access Device .....	1	2	3	4
-- Care and Maintenance				
Infusion Pumps .....	1	2	3	4
Administer IV Drips .....	1	2	3	4
Administer IV Medications .....	1	2	3	4

### Blood

Administer Blood/Blood Products ...	1	2	3	4
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### Nutritional Therapy

Enteral Administration.....	1	2	3	4
TPN and Hyperalimentation .....	1	2	3	4
Procalamine .....	1	2	3	4
Tube Feeding Pumps .....	1	2	3	4
NGT Insertion .....	1	2	3	4
Dobhoff Insertion.....	1	2	3	4

### Oxygen Administration

Ambu-Bag.....	1	2	3	4
Nasal Cannula .....	1	2	3	4
Non-Rebreather Mask.....	1	2	3	4
Venti Mask.....	1	2	3	4
Portable Oxygen .....	1	2	3	4
Tracheostomy Tube .....	1	2	3	4

### Pain Management

Assess Pain Level/Tolerance .....	1	2	3	4
Epidural Anesthesia/Analgesia .....	1	2	3	4
Patient Controlled Analgesia .....	1	2	3	4
Moderate Sedation .....	1	2	3	4

### Procedures/Equipment

#### Electroconvulsive Therapy

Active Participant .....	1	2	3	4
Immediate Post Treatment .....	1	2	3	4
Long Term Effects of E.C.T. ....	1	2	3	4
Short Term Effects of E.C.T.....	1	2	3	4

### Perform

Foley – Male.....	1	2	3	4
Foley – Female .....	1	2	3	4
Isolation .....	1	2	3	4
Universal Precautions.....	1	2	3	4

### Specimen Collections

Finger Stick .....	1	2	3	4
Butterfly Stick .....	1	2	3	4
Central Line Blood Draw .....	1	2	3	4
Clean Catch Urine .....	1	2	3	4
Cultures – Blood.....	1	2	3	4
Dip-Stick .....	1	2	3	4
Spotum.....	1	2	3	4
Sterile Urine .....	1	2	3	4
Stool.....	1	2	3	4
Throat Swab .....	1	2	3	4
Venipuncture .....	1	2	3	4

### Assist

Lumbar Puncture .....	1	2	3	4
Invasive Bedside Procedures.....	1	2	3	4
Central Line Insertion.....	1	2	3	4



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### Age Groups

0-30 Days .....	1	2	3	4
30 Days – 1 Year .....	1	2	3	4
1-3 Years .....	1	2	3	4
3-5 Years .....	1	2	3	4
5-12 Years .....	1	2	3	4
12-18 Years .....	1	2	3	4
18-39 Years .....	1	2	3	4
39-64 Years .....	1	2	3	4
64+ Years .....	1	2	3	4

### Practice Settings

Geriatric Psych Nursing .....	1	2	3	4
Pediatric Psych Nursing .....	1	2	3	4
Community Care .....	1	2	3	4
Crisis Center .....	1	2	3	4
Hospital .....	1	2	3	4
Insitution.....	1	2	3	4