



Staff Relief Inc.

Medical Surgical Nursing Skills Self Appraisal

Applicant Full Legal Name (please print): _____

RN LPN/LVN **CPR CREDENTIALS:** ACLS **IV CERTIFICATION:** YES NO

The following checklist is a profile used to assess your clinical efficiency and assist in matching your skills with available assignments. Your employment is not dependent upon responses given in this checklist. Please rate your ability as accurately as possible by circling the appropriate number.

The information given below is true and accurate to the best of my knowledge.

Signature: _____ Date: _____

Mark your Level of Experience

- | | |
|---------------------------|------------------------------|
| (1) No Experience (None): | Never Performed |
| (2) Intermittent: | Not Performed Regularly |
| (3) Moderate: | SMOS- Min. 1 Year Experience |
| (4) Competent: | More than 1 Year Experience |

Age Specific Competency

Age Groups

Neonates/Newborns 0-30 Days	1	2	3	4
Infant 30 Days -1 Yr..	1	2	3	4
Toddler 1-3 Years	1	2	3	4
Preschool 3-5 Years	1	2	3	4
Older Child 5-12 Years	1	2	3	4
Adolescents 12-18 Years	1	2	3	4
Young Adults 18-39 Years	1	2	3	4
Middle Adult 39-64 Years	1	2	3	4
Older Adult 64+ Years	1	2	3	4

Able to adapt care to age of normal growth and development.....1 2 3 4

Able to secure environment for safety according to developmental age1 2 3 4

Pain Management

Pain Level Assessment	1	2	3	4
Non-narcotic Agents	1	2	3	4
Patient Controlled Analgesia (PCA)..	1	2	3	4
Epidural Analgesia.....	1	2	3	4
Intravenous Conscious Sedation	1	2	3	4

Leadership & Nursing Models

Unit Manager	1	2	3	4
Charge Nurse	1	2	3	4
Team Leader	1	2	3	4
Team Nursing.....	1	2	3	4
Primary Care Nursing	1	2	3	4



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Administrative Nursing Skills

Admission/Discharge Procedures	1	2	3	4
Computerized Charting.....	1	2	3	4
Consent Forms	1	2	3	4
Isolation Procedures.....	1	2	3	4
Advance Directives.....	1	2	3	4
HIPAA Privacy & Security				
Patient Confidentiality	1	2	3	4
Teaching: Patient Family, etc.	1	2	3	4
Infection Control:				
Universal Precautions	1	2	3	4

Equipment

Cardiac Monitors	1	2	3	4
Nerve Stimulators	1	2	3	4
Defibrillator.....	1	2	3	4
Glucometers	1	2	3	4
IV Pumps	1	2	3	4
Please specify types:				

Oxygen Set Up.....	1	2	3	4
Pulse Oxymeter.....	1	2	3	4
Specialty Beds.....	1	2	3	4
Narcotic Withdrawal Systems				
(e.g. Pyxis)	1	2	3	4

Basic Skills

Physical/Health Assessment				
Plan of Care.....	1	2	3	4

Decubitus Care/Prevention	1	2	3	4
Wound Care	1	2	3	4
Dressing Changes.....	1	2	3	4
Sterile Technique	1	2	3	4
Elastic (TED) Hose/Stockings	1	2	3	4
Restraint Application/Protocol.....	1	2	3	4
Ordering/Charging Medications	1	2	3	4
Indwelling Catheter				
Insertion/Removal.....	1	2	3	4
Straight Catheterization	1	2	3	4
Blood Administration				
(Whole, Packed, RSCs, FFP).....	1	2	3	4
Albumin Administration	1	2	3	4
Cryoprecipitate Administrations.....	1	2	3	4
Nutritional Infusions				
(Hyperal, Lipids).....	1	2	3	4
Peripheral Vascular Disease	1	2	3	4
Post-Open Heart.....	1	2	3	4
Aneurysm.....	1	2	3	4
Nurse Care Planning	1	2	3	4
Oxygen by Bag & Mask	1	2	3	4
Oxygen by CPAP.....	1	2	3	4
Trach Collar	1	2	3	4
Pacemaker	1	2	3	4
Continuous & Intermittent Tube				
Feedings	1	2	3	4
Patient Positioning, Ambulation				
ROM	1	2	3	4
Browiac Line Site Maintenance.....	1	2	3	4
Groshong Line Site Maintenance.....	1	2	3	4
Hickman Line Site Maintenance.....	1	2	3	4
PICC Line Site Maintenance	1	2	3	4
Partacath Line Site Maintenance	1	2	3	4
Quinton Line Site Maintenance	1	2	3	4
Post-mortem Care	1	2	3	4



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Interpretation of Lab Results

Blood Gases	1	2	3	4
Blood Chemistry	1	2	3	4
Cardiac Enzymes & Isoenzymes	1	2	3	4
CBC with and without Differential....	1	2	3	4
Coagulation Studies	1	2	3	4
Cultures	1	2	3	4
Electrolytes	1	2	3	4
Urine Dipstick.....	1	2	3	4

Cardiovascular

Hypertension	1	2	3	4
Post-Myocardia Infarction	1	2	3	4
Congestive Heart Failure	1	2	3	4
Fern-Pop Bypass	1	2	3	4
Coronary Artery Bypass Graft (CABG).....	1	2	3	4
Angine Pectoris	1	2	3	4
Bowel Obstruction	1	2	3	4
Paralytic Ileus	1	2	3	4

Medical

Fluid & Electrolyte Imbalances.....	1	2	3	4
HIV/AIDS	1	2	3	4
Chemotherapy Care	1	2	3	4
Radiation Therapy.....	1	2	3	4
Oncological Crisis.....	1	2	3	4
Leukemia.....	1	2	3	4
Malignant Tumors.....	1	2	3	4
Sickle Cell Crisis.....	1	2	3	4
Post Cardiac Catheterization Care	1	2	3	4
Cerebral Vascular Accident.....	1	2	3	4
Cardiomyopathy.....	1	2	3	4
Carotid Endarterectomy	1	2	3	4
Cardiac Arrest	1	2	3	4

Genitourinary System

Kidney Stones	1	2	3	4
TURP/TURBP	1	2	3	4
Nephrostomy Tube Care	1	2	3	4
Nephrectomy.....	1	2	3	4
Dialysis Peritoneal & Hemodialysis ..	1	2	3	4
A-V Fistula Care	1	2	3	4
A & P Repair.....	1	2	3	4
Hysterectomy Care (Abdominal/Vaginal)	1	2	3	4
UTI, Bladder Infection.....	1	2	3	4
Heat Conduit	1	2	3	4
Suprapubic Catheter.....	1	2	3	4
Post Renal Transplant	1	2	3	4



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Endocrine

Diabetics	1	2	3	4
Glucose Monitoring	1	2	3	4
Insulin Administration	1	2	3	4
Addison's	1	2	3	4
Pituitary Disorders	1	2	3	4
Thyroid Dysfunction	1	2	3	4
Post Throidectomy Care	1	2	3	4

Gastrointestinal

Bowel Sounds	1	2	3	4
Liver Failure.....	1	2	3	4
Cirrhosis.....	1	2	3	4
Cholecystectomy.....	1	2	3	4
Hepatitis	1	2	3	4
Appendicitis/Appendectomy	1	2	3	4
GI Bleeding.....	1	2	3	4
Gastric Suction.....	1	2	3	4
Insertion of Nasogastric Tube (NGT)..	1	2	3	4
NGT Medication Administration.....	1	2	3	4
Bowel Resection	1	2	3	4
Colostomy	1	2	3	4
Post GI Surgery.....	1	2	3	4
Care of Gastrostomy Tube.....	1	2	3	4
Care of Jejunostomy Tube.....	1	2	3	4
Care of PEG Tube.....	1	2	3	4
AICD (Automatic Implanted Cardioverter/Defibrillator).....	1	2	3	4
Vital Sign Monitoring.....	1	2	3	4
EKG Monitoring	1	2	3	4
Arrhythmia Interpretation	1	2	3	4
Cardiac Enzymes & Isoenzymes	1	2	3	4
Coagulation Studies	1	2	3	4
BNP (Brain Natriuretic Peptide).....	1	2	3	4
Troponin.....	1	2	3	4

Skeletal System

Casts, Splints & Traction	1	2	3	4
Assessment for Complications of Fractures (e.g. fat embolus)	1	2	3	4
Spinal Injury.....	1	2	3	4
Care of Post-Open/Closed Reductions	1	2	3	4
Arthroscopic Surgery	1	2	3	4
Hip Replacement.....	1	2	3	4
Lumbar Laminectomy.....	1	2	3	4
Patient Positioning	1	2	3	4
Pulse Check/Assessment.....	1	2	3	4
Post-Amputation Care.....	1	2	3	4
Sports Injuries	1	2	3	4
Continuous Passive Movement (CPM)	1	2	3	4
Trans Epidural Nerve Stimulators....	1	2	3	4
Knee Replacement	1	2	3	4
Pinned Fractures.....	1	2	3	4
Halo Traction/Cervical Tongs.....	1	2	3	4



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Pulmonary System

Assessment of Breath Sounds	1	2	3	4
Suctioning (Nares, Oropharynx	1	2	3	4
Tracheal Suctioning	1	2	3	4
Tracheostomy Care	1	2	3	4
Chest Tube Set Up	1	2	3	4
Chest Tube Maintenance.....	1	2	3	4
Chest Tube Removal.....	1	2	3	4
ARDS.....	1	2	3	4
Obstructive Pulmonary Diseases				
Asthmas, COPD.....	1	2	3	4
Pneumothorax	1	2	3	4
Pneumonia.....	1	2	3	4
Tuberculosis.....	1	2	3	4
Pulmonary Ecema	1	2	3	4
Throacotomy	1	2	3	4
Lobectomy	1	2	3	4
Lung Resection	1	2	3	4
Chest Physiotherapy.....	1	2	3	4
Incentive Spirometry.....	1	2	3	4

Eye, Ear, Nose, Throat

Tonsilectomy & Adenoidectomy	1	2	3	4
Nose Bleeds	1	2	3	4
Ear Infections	1	2	3	4
Ear Tubes	1	2	3	4
Radical Neck, Post-OP Care	1	2	3	4
Cataract Surgery.....	1	2	3	4
Glaucoma	1	2	3	4
Ocular Trauma	1	2	3	4
Ocular Tumor.....	1	2	3	4
Vertigo	1	2	3	4

Neurology

Neurological Assessment.....	1	2	3	4
Glascow Coma Scale	1	2	3	4
Seizure Disorders & Precautions	1	2	3	4
Dementia	1	2	3	4
Post-Craniotomy	1	2	3	4
Post-Head Injury Care.....	1	2	3	4
Neuromuscular Diseases.....	1	2	3	4
Post-Myelogram.....	1	2	3	4
Meningitis	1	2	3	4
Post Basal Skull Fracture Care	1	2	3	4
Encephatitis	1	2	3	4

Cosmetic & Reconstructive

Facelift	1	2	3	4
Blaphoroplasty	1	2	3	4
Abdominoplasty	1	2	3	4
Breast Augmentation	1	2	3	4
Breast Reconstruction	1	2	3	4
Breast Reduction.....	1	2	3	4

Other

JCAHO Patient Safety Goals	1	2	3	4
Medication Safety	1	2	3	4
Abbreviation Safety	1	2	3	4
Organ Donation.....	1	2	3	4